

# Medical and Psychological Care of Gender-Diverse Youth

## Pediatric Grand Rounds

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January 13, 2023

Baylor  
College of  
Medicine



Texas Children's  
Hospital



# Gender Affirmation Process

The Process of Gender Affirmation May Include  $\geq 1$  of the Following Components

Component	Definition	General Age Range <sup>a</sup>
Social affirmation	Adopting gender-affirming hairstyles, clothing, name, gender pronouns, and restrooms and other facilities	Any
Puberty blockers	Gonadotropin-releasing hormone analogues, such as leuprolide and histrelin	During puberty (Tanner stage 2–5) <sup>b</sup>
Cross-sex hormone therapy	Testosterone (for those who were assigned female at birth and are masculinizing), estrogen plus androgen inhibitor (for those who were assigned male at birth and are feminizing)	Early adolescence onward
Gender-affirming surgeries	“Top” surgery (to create a male-typical chest shape or enhance breasts), “bottom” surgery (surgery on genitals or reproductive organs), facial feminization and other procedures	Typically adults (adolescents on case-by-case basis <sup>c</sup> )
Legal affirmation	Changing gender and name recorded on birth certificate, school records, and other documents	Any

Patient	DOB	MRN	Time	Notes	Visit Type	Provider	Referring Provider	Specialty	Reason for Visit	Visit Type	Brand
[Redacted]	[Redacted]	[Redacted]	8:00 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	8:15 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	8:45 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	9:00 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	9:30 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	10:00 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	10:30 AM	[Redacted]	[Redacted]	Rialon, Kristy L, MD	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted] (12 y.o. / F)	[Redacted]	[Redacted]	11:00 AM	SUPPRELIN LA PLACEMENT PER REFERRAL	PDS NEW GEN FEMALE MD	Rialon, Kristy L, MD	Roberts, Richard O, MD	[Redacted]	Gender dysphoria in pediatric patient	Pds New Gen Female Md	[Redacted]



DOB	MRN	Time inc.	Notes	Visit Type	Telemed Location	Prov Provider	Referring Provider
[REDACTED]	[REDACTED]	9:30 AM	Precocious puberty	EN EST GENERAL		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	11:00 AM	F/U Adrenal Insufficiency 3/28 provider out of office sent my...	EN EST GENERAL		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	12:30 PM	early puberty	EN EST GENERAL		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	1:00 PM	FTT	EN EST GENERAL		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	1:30 PM	CAH	EN EST GENERAL		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	9:00 AM	Gender Identity 4/25- provider out of office left message...	EN EST GENDER IDENTITY		Roberts, Richard O, MD	Siddiqi, Asma H, MD
[REDACTED]	[REDACTED]	10:00 AM	Gender dysphoria 4/25- provider out...	EN EST GENDER IDENTITY		Roberts, Richard O, MD	Roberts, Richard O, MD
[REDACTED]	[REDACTED]	11:00 AM	Gender Dysphoria 4/24- left message with new appt date...	EN EST GENDER IDENTITY		Roberts, Richard O, MD	Roberts, Richard
[REDACTED]	[REDACTED]	12:45 PM	Refills and HRT options (dissatisfied with progress after over ...)	EN EST GENDER IDENTITY		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	1:30 PM	f/u scheduled per provider	EN EST GENDER IDENTITY		[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	2:00 PM	[REDACTED]	EN EST GENETIC OBESITY		[REDACTED]	[REDACTED]

Refills and HRT options (dissatisfied with progress after over two years). Call moms phone at [REDACTED] as she answers her calls, while I don't always ;)  
 4/25/23 - Provider out of office, left message/My Chart with new appointment date and time  
 -JH

DOB	MRN	Time inc.	Notes	Visit Type	Telemed Locati	Prov	Provider	Referring Provider
[REDACTED]	[REDACTED]	10:15 AM	[REDACTED]	EN EST DIABETES 1			[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	11:00 AM	[REDACTED]	EN EST DIABETES 2			[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	11:45 AM	[REDACTED]	EN EST DIABETES 2			[REDACTED]	[REDACTED]
[REDACTED] ...	[REDACTED]	8:00 AM		EN EST GENDER IDENTITY			Roberts, Richard O, MD	Roberts, Richard O, MD
[REDACTED]	[REDACTED]	10:00 AM	[REDACTED]	EN EST GENDER IDENTITY			Roberts, Richard O, MD	
[REDACTED]	[REDACTED]	11:00 AM	Gender Identity	EN NEW GENDER IDENTITY			Roberts, Richard O, MD	Sanders, Cynthia Gale, APRN, CPNP
[REDACTED]	[REDACTED]	12:45 PM	Dysphoria	EN EST GENDER IDENTITY			Roberts, Richard O, MD	
[REDACTED]	[REDACTED]	1:45 PM	Specialty Services Required	EN NEW GENERAL			[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]			EN EST			[REDACTED]	[REDACTED]








Date	Time	Case #	Case Procedures	Length	Patient Name	Lead Surgeon	Room	Age	Diagnosis Codes
02/26/2021	12:26 PM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280]	36	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	15 yrs	Gender dysphoria in pediatric patient [F64.2]
09/23/2021	2:54 PM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	16	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	13 yrs	Gender dysphoria in pediatric patient [F64.2]
09/19/2022	9:09 AM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280], INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	40	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 07	12 yrs	Gender dysphoria in pediatric patient [F64.2]
11/02/2022	7:30 AM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280], INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	31	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	14 yrs	Gender dysphoria in pediatric patient [F64.2]
02/24/2023	1:55 PM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	20	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 01	12 yrs	Gender dysphoria in pediatric patient [F64.2]
09/27/2021	7:30 AM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	21	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 03	11 yrs	Gender identity disorder [F64.9]



Date	Time	Case #	Case Procedures	Length	Patient Name	Lead Surgeon	Room	Age	Diagnosis Codes
12/05/2022	7:30 AM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000], REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280]	38	[REDACTED]	Rialon, Kristy L, Md [1004034]	LT OR 06	12 yrs	Gender dysphoria [F64.2]
02/26/2021	12:26 PM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280]	36	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	15 yrs	Gender dysphoria in pediatric patient [F64.2]
09/23/2021	2:54 PM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	16	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	13 yrs	Gender dysphoria in pediatric patient [F64.2]
09/19/2022	9:09 AM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280], INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	40	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 07	12 yrs	Gender dysphoria in pediatric patient [F64.2]
11/02/2022	7:30 AM	[REDACTED]	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [112280], INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	31	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 04	14 yrs	Gender dysphoria in pediatric patient [F64.2]
02/24/2023	1:55 PM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	20	[REDACTED]	Rialon, Kristy L, Md [1004034]	MOR 01	12 yrs	Gender dysphoria in pediatric patient [F64.2]

03/07/2022	8:51 AM	[REDACTED]	[REDACTED]	57	[REDACTED]	Rialon, Kristy L., Md [1004034]	MW 05	[REDACTED]	[REDACTED]
03/07/2022	9:47 AM	[REDACTED]	INSERT NON-BIODEGRADABLE DRUG DELIVERY IMPLANT [111000]	25	[REDACTED]	Rialon, Kristy L., Md [1004034]	MW 05	11 yrs	Female-to-male transgender person [278.9]
03/07/2022	10:28 AM	[REDACTED]	[REDACTED]	84	[REDACTED]	Rialon, Kristy L., Md [1004034]	MW 05	[REDACTED]	[REDACTED]



Scheduled	 15 y.o. / M	[REDACTED]	8:00 AM	Medicine refill	EN EST GENDER IDENTITY		Roberts, Richard O, MD	
Scheduled	 16 y.o. / M	[REDACTED]	9:00 AM	Testosterone Levels	EN EST GENDER IDENTITY...		Roberts, Richard O, MD	Roberts, Richard O, MD
Scheduled	 13 y.o. / F	[REDACTED]	10:00 AM	GENDER IDENTITY	EN EST GENDER IDENTITY		Roberts, Richard O, MD	Roberts, Richard O, MD
Scheduled	 18 y.o. / F	[REDACTED]	11:00 AM		EN EST GENDER IDENTITY		Roberts, Richard O, MD	Roberts, Richard O, MD
Scheduled	 17 y.o. / F	[REDACTED]	12:45 PM	Gender Dysphoria	EN NEW GENDER IDENTITY		Roberts, Richard O, MD	Pocsik, Stephanie MD
Scheduled	 14 y.o. / M	[REDACTED]	1:45 PM	medication	EN EST GENDER IDENTITY		Roberts, Richard O, MD	

Advisory	Status	Patient Location	Labs	Patient	DOB	MRN	Time inc.	Notes	Visit Type	Tele	Prov	Provider	Referring Provider	Pt Lang
	Scheduled			[Redacted]	[Redacted]	[Redacted]	11:00 AM	[Redacted]	[Redacted]			Rialon, Kristy L, MD		English
	Scheduled			[Redacted]	[Redacted]	[Redacted]	3:45 PM	[Redacted]	[Redacted]			Rialon, Kristy L, MD		English
	Scheduled			[Redacted]	[Redacted]	[Redacted]	8:30 AM	[Redacted]	[Redacted]			Rialon, Kristy L, MD	[Redacted]	English
	Scheduled			[Redacted]	[Redacted]	[Redacted]	10:30 AM	[Redacted]	[Redacted]			Rialon, Kristy L, MD	[Redacted]	Spa...
	Scheduled			[Redacted]	[Redacted]	[Redacted]	10:00 AM	Specialty Services Require d EvalGender dysphoria in pediatric patient	PDS NEW GENERAL MD			Rialon, Kristy L, MD	Roberts, Richard O, MD	English

4 m.o. / M

12 y.o. / F

Specialty Services Require d EvalGender dysphoria in pediatric patient

Rialon, Kristy L, MD

Roberts, Richard O, MD

Signed

Checked out: 11:22 AM



[Redacted]

[Redacted]

[Redacted]

10:15 AM

[Redacted]

EN EST GENERAL

Paul, David L, MD

[Redacted]

Signed

Checked out: 12:01 PM



[Redacted]

[Redacted]

[Redacted]

10:45 AM

[Redacted]

EN NEW GENERAL

Paul, David L, MD

[Redacted]

Signed

Checked out: 12:36 PM



[Redacted] 19 y.o. / M

[Redacted]

[Redacted]





11:15 AM

Top surgery and other testosterone options (gel) besides injection

EN EST GENDER IDENTITY

Paul, David L, MD

Paul, David L, M

Travel Advisory	Status	Patie	Labs	Patient	DOB	MRN	Time inc.	Notes	Visit Type	Tele	Prov	Provider	Referring Provider	Pt Lang	Speci
	Sched...			 [Redacted]	[Redacted]	[Redacted]	10:45 AM	[Redacted]	[Redacted]			[Redacted]	[Redacted]	English	
	Sched...			 [Redacted]	[Redacted]	[Redacted]	11:15 AM	starting "puberty blockers"	EN EST GENDER IDENTITY			Paul, David L, MD	Freeman, Stephanie A, MD	English	




Advisory	Status	Patient Location	Labs	Patient	DOB	MRN	Time	Notes	Visit Type	Telemed Locati	Prov	Provider	Referring Provider
	Signed						8:00 AM					Rialon, Kristy L, MD	
	Checked out: 9:01 AM												
	Signed						8:15 AM					Rialon, Kristy L, MD	
	Checked out: 8:34 AM												
	Signed						8:45 AM					Rialon, Kristy L, MD	
	Checked out: 9:05 AM												
	Signed						9:00 AM					Rialon, Kristy L, MD	
	Checked out: 9:47 AM												
	Signed						9:30 AM					Rialon, Kristy L, MD	
	Checked out: 9:36 AM												
	Signed						10:00 AM					Rialon, Kristy L, MD	
	Checked out: 10:14 AM												
	Not Seen						10:30 AM					Rialon, Kristy L, MD	
	No Show												
	Signed						11:00 AM	SUPPRELIN LA PLACEMENT PER REFERRAL	PDS NEW GEN FEMALE MD			Rialon, Kristy L, MD	Roberts, Richard O, MD
	Checked out: 11:13 AM												
	Signed						11:30 AM					Rialon, Kristy L, MD	
	Checked out: 11:34 AM												

MW ENDOCRINE CLNC Department (All Providers) ▾

◀ Aug 01, 2023  ▶

Filter by Status

Total: 70

Travel Advisory	Status	Patie	Labs	Patient	DOB	MRN	Time inc.	Notes	Visit Type ▲	Tele	Prov	Provider	Re
	Sched...			 15 y.o. / M			3:30 PM	Follow-up and questions about surgery.	EN EST GENDER IDENTITY...			Paul, David L, MD	